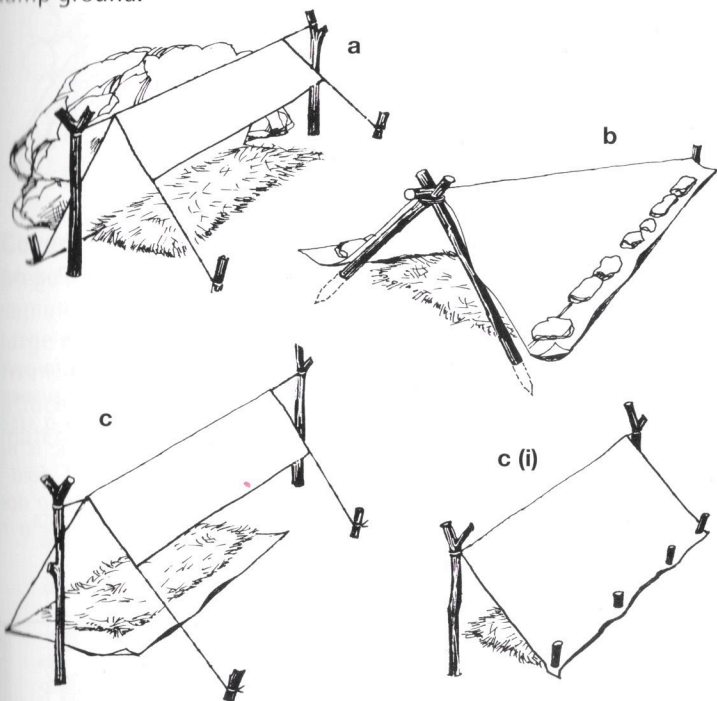


## Shelter sheet

With a waterproof poncho, groundsheet or a piece of plastic sheeting or canvas, you can quickly and easily make a number of different shelters which will suffice until you can build something more efficient. Make use of natural shelter (a) or make a triangular shelter with the apex pointing into the wind (b). Stake or weigh down edges. If it is long enough, curl the sheeting below you – running downhill so that it keeps out surface water (c). If you don't have much material attach it so that you are shielded from the wind (c(i)). Use dry grass or bracken as bedding. Do not lie on cold or damp ground.



A closely woven fabric, though not