

Mr Forest

Learning to Help an Injured Person Outdoors: The CCC & ABC of Outdoor First Aid : Part 1

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Id

11

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Títol

Learning to Help an Injured Person Outdoors: The CCC & ABC of Outdoor First Aid : Part 1

Age Level

CI (6-7), CM (8-9), CS(10-11)

Main card

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Card thumbnail



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Descripció

AIM: For students to feel they can gain some self confidence in knowing how to help other in case of outdoors emergencies

OBJECTIVES:

- Students will learn the basics of first Aid in remote places (CCC & ABC)
- Students will learn how to pack a first Aid kit.
- Students will practice their English vocabulary and oral/listening competence.

MATERIALS:

- ✓ first aid kit
- ✓ sticks from forest

- ✓ cord
- ✓ bandana

ACTIVITY: Instructor demonstrate principles and techniques of first aid in remote areas (CCC & ABC Check- Call-Care & Airways, Breathing, Cardiopulmonary resuscitation). Then, students will practice to basic techniques. Instructor will show how to pack a basic first Aid Kit for outdoors activity.

Extra comments

Etiquetes lliures

injure wound health care cures first aid emergency

Other files

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Comments

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